

MEDICAL CERTIFICATE

In order to start physical education classes, a medical permit is required. Admission is a certificate from a pediatrician with an indication of the student's physical education health group (not a medical health group, but a physical education health group). To obtain a certificate, you need to undergo a preventive medical examination or medical examination at a state medical institution at the place of attachment / place of residence / registration.

STUDENTS FROM NEAR AND FAR ABROAD!

List of documents for medical examination:

- voluntary medical insurance policy;
- passport (pages with photos, registration);
- a copy of the statement from the outpatient card in the presence of chronic diseases;
- if there are complaints to specialized specialists (ophthalmologist, endocrinologist, neurologist, surgeon, cardiologist, etc.), students need to have the conclusions of the relevant specialists (for the last year) in their hands;
- a copy of the certificate of disability – for students with disabilities.

IMPORTANT!!!

The certificates must be translated into Russian and notarized, the vaccination certificate and the result of the fluorographic examination (for the last year, if available).

In accordance with the schedule of medical examination, with the specified documents, contact the registry of the State Medical Institution "City Polyclinic No. 21" (Student) at the address: 95 Orenburg Tract Street (Universiade Village).

- upon arrival at the place of study, submit a **CERTIFICATE** to the Department of Theory and Methodology of Physical Culture, Sports and Physical Therapy IFMiB KFU.

What conclusions and references are not suitable as an admission to practical classes in PCaS:

- all certificates that do not specify one of the health groups in PHYSICAL EDUCATION (basic, preparatory or special);
- certificates indicating only the medical group of health;
- certificates of general conclusions (suitable, no contraindications, admitted to physical education classes, etc.);
- certificates with no seals: organization, for reference, personal seal of the therapist and the personal signature of the specialist issuing the conclusion.

The legal basis for the requirement of a medical certificate is an order of the Ministry of Health and Social Development of the Russian Federation (hereinafter – order of the Ministry of Health) dated 03/01/2016 No. 134n "On the procedure for organizing medical care for persons engaged in physical culture and sports (including during the preparation and conduct of physical education and sports events), including the procedure for medical examination of persons wishing to engage in physical culture and sports in organizations and (or) comply with the standards of tests (tests) The All-Russian physical culture and sports complex "Ready for work and defense".

Students who have not provided a certificate from a pediatrician with an indication of the health group are **NOT ALLOWED** to take practical training classes in the discipline "Physical culture and sports".

Department of Theory and Methodology of Physical Culture, Sports and therapeutic physical Culture

8(843) 221-04-26