

The picture from 1/6th of the Globe: Who will be lucky to live in the future world?



11.03.2008

The picture from 1/6th of the Globe: Who will be lucky to live in the future world?

Lilia E. Ziganshina, Irina S. Burashnikova, Airat U. Ziganshin

Kazan State Medical Academy, Russia, lezign@mail.ru

Striving for freedom has always been the sole stimulus for the progress of mankind. Yet, establishing democratic freedoms we loose the basis for the freedom itself – personal and social health. We become dependent on medicines.

In the Soviet Union people lived with the aim to build a happy society, on average income, with simple joys and pleasures. The health services were free to 100% of population. The country managed with fixed number of essential medicines, produced by a few manufacturers. All health indicators were enviable. For example in the 1960-70s it was common for a child not to become PPD-positive after fading off of the birth BCG vaccination due to the rigorously functioning tuberculosis control system.

Yet after the stagnation and collapse of the great country we went through democratic way. We got freedom of speech and press, the hugest pharmaceutical market in the world and a flood of pharmaceutical information. People, not being able to adjust to violently changing environment and furious pace of life, became confused and looked for a way out in a form of a tablet.

The business of clinical trials, set up by pharmaceutical companies, became an easy way of money making for physicians behind a mask of high scientific values. Unjustified risks for population in a country without proper regulatory process and legislation of clinical trials contribute to deterioration of health.

Meanwhile the continuous increase of mortality rates and decrease of birth rates in Russia indicate the lack of essential benefit for society of diverse pharmaceuticals with potential threat to lives of future generations. But we still believe in tablets. We forget that a human being is a child of Nature and cannot utilize without consequences thousands of alien substances. Only mutants capable of utilizing diverse chemicals will have chances to survive in a pharmaceutically-determined selection process. It is terrifying... but we can change this. We just have to think about future, to think about our descendants. Positive thinking, active position, life for creation and happiness, not for profits is the alternative for Pharmageddon.