# ISOPERIMETRIC INEQUALITIES FOR $L^{p}$-NORMS OF THE DISTANCE FUNCTION TO THE BOUNDARY 

R.G. Salahudinov


#### Abstract

The main goal of the paper is to prove that $L^{p}$ norms of $\operatorname{dist}(x, \partial G)$ and $\operatorname{dist}^{-1}(x, \partial G)$ are decreasing functions of $p$, where $G$ is a domain in $\mathbb{R}^{n}(n \geq 2)$. We also obtain a sharp estimation of the rate of decreasing for these norms using $L^{p}$-norms of the distance function for a consistent ball. We prove a new isoperimetric inequality for $L^{p}$-norms of $\operatorname{dist}(x, \partial G)$, this inequality is analogous to the inequality of $L^{p}$-norms of the conformal radii (see Avkhadiev F.G., Salahudinov R.G. // J. of Inequal.\& Appl. - 2002. - V. 7, No 4. - P. 593-601).

Note that $L^{2}$-norm of $\operatorname{dist}(x, \partial G)$ plays an important role to investigate the torsional rigidity in Mathematical Physics (see, for instance, Avkhadiev F.G. // Sbornik: Math. - 1998. - V. 189, No 12. - P. 1739-1748; Bañuelos R., van den Berg M., Carroll T. // J. London Math. Soc. - 2002. - V. 66, No 2. - P. 499-512). As a consequence we get new inequalities in the torsional rigidity problem.


Also we generalize the $n$-dimensional isoperimetric inequality.

## Introduction

Let $G$ be a domain in $\mathbb{R}^{n}(n \geq 2)$. Let us consider the following geometrical functional [1, 2]

$$
\begin{equation*}
\mathrm{I}(p, G)=\int_{G} \operatorname{dist}^{p}(x, \partial G) d A \tag{1}
\end{equation*}
$$

Here $\operatorname{dist}(x, \partial G)$ denotes the distance function from $x \in G$ to the boundary $\partial G, d A$ is the volume element $d x_{1}, \ldots, d x_{n}$, and $p \geq-1$. In [1] it was noted, that it might be justified to call $\mathrm{I}(p, G)$ the $p$-order eulidean moment of $G$ with respect to its boundary.

First we remark some applications of (1), and further we note connection of (1) with a new conception of isoperimetrical monotonicity.

It is clear that 0 -order moment is the volume of $G$. Also, as a limit case of (1), we can get $\mathrm{d}(G)=\max _{x \in G} \operatorname{dist}(x, \partial G)$. We also found that for a wide class of domains $(-1)$-order moment is, up to a constant factor, the surface area of $G$.

Further, we remark a new geometrical functional of $G$ that recently appears in the elastic torsion problem. This is the second order eulidean moment or, otherwise, the eulidean moment of inertia with respect to the boundary. Consider the boundary value problem

$$
\triangle u=-1 \text { in } G, \quad u=0 \text { on } \partial G
$$

where $-\triangle$ is the Dirichlet Laplacian, and let

$$
\mathrm{P}(G):=4 \int_{G} u(x) d A
$$

$\mathrm{P}(G)$ is exactly the torsional rigidity of a simply connected domain $G$. Just as in [3] we call $\mathrm{P}(G)$ the torsional rigidity of $G$, even if $n>2$ and/or $G$ is not simply connected.

We begin from the case $n=2$. In 1995 F.G. Avkhadiev [1] proved the two-sided inequality

$$
\begin{equation*}
\mathrm{I}(2, G) \leq \mathrm{P}(G) \leq 64 \mathrm{I}(2, G) \tag{2}
\end{equation*}
$$

Later in [4] the left-side hand of the inequality was improved to $3 \mathrm{I}(2, G)<2 \mathrm{P}(G)$.
Let us remark that an $n$-dimensional generalization of was recently proved in [5]

$$
\begin{equation*}
\frac{2}{n} \mathrm{I}(2, G) \leq \mathrm{P}(G) \leq C_{G} \mathrm{I}(2, G) \tag{3}
\end{equation*}
$$

under the additional restriction that $G$ satisfies a strong Hardy inequality with some constant (see [6]), where $C_{G}$ is a functional on $G$. In particular, the two-sided inequalities (2), (3) answered the question: "When is the torsional rigidity of a simply connected domain in $\mathbb{R}^{n}$ bounded?", however for $n \geq 3$ the question is still open.

Another application of (1) was discovered by F.G. Avkhadiev in [2], this is also generalize (2) on an $n$-dimentional case. Consider the functional

$$
K_{p, q}(G)=\sup _{f \in C_{0}^{\infty}(G)} \frac{\left(\iint_{G}|f|^{q}(x) d A\right)^{1 / q}}{\left(\iint_{G}|\operatorname{grad} f|^{p}(x) d A\right)^{1 / p}}
$$

$K_{p, q}(G)$ appears in the Poincare-Sobolev's inequality. In [2] it was proved the two sided estimations for $K_{p, q}(G)$ using (1).

The first property of isoperimetric monotonicity was conjectured by J. Hersch [7], and it was proved by M.-Th. Kohler-Jobin [8]. We shall consider the following boundary value problem [9]

$$
\begin{equation*}
\Delta v+\beta v+1=0 \text { in } G, \quad v=0 \text { on } \partial G \quad\left(-\infty<\beta<\lambda_{1}(G)\right) \tag{4}
\end{equation*}
$$

and the corresponding functional

$$
Q(\beta):=\int_{G} v d A
$$

In particular, we have $Q(0)=\mathrm{P}(G) / 4, Q\left(\lambda_{1}\right)=\pi j_{0}^{4} /\left(8 \lambda_{1}^{2}(G)\right)$, and $(-\beta) Q(\beta) \underset{\beta \rightarrow-\infty}{\longrightarrow}$ $A(G)$ (see, for example, [12]).

By $\overline{Q(\beta)}$ we denote the radius of a ball in $\mathbb{R}^{n}$ with same $Q(\beta)$.
Theorem $\mathbf{A}[8, \mathbf{1 0}]$. Let $G$ be a bounded domain and not a ball in $\mathbb{R}^{n}$, then $\overline{Q(\beta)}$ is a decreasing function on $\beta$. If $G$ is a ball, then $\overline{Q(\beta)}$ is a constant function.

This monotonicity property contains several well-known plane isoperimetric inequalities (see [12]), which include functionals $\lambda_{1}(G), \mathrm{P}(G)$, and $A(G)$. On the other hand, existence theorems for $\mathrm{P}(G)$, and $\lambda_{1}(G)$ are expressing in terms of $\mathrm{I}(\alpha, G)$ (see [1, 11]). Further, other monotonicity properties were discovered by C. Bandle [13], and by J. Hersch [12]. All of these isoperimetric monotonicity properties were connected with the solutions of the differential equations (4). So, the conjecture on the isoperimetric monotonicity property of (1) is a geometrical analog of Theorem A. On the other hand, this work was intended as an attempt to bind continuously the well-known geometrical quantities of a domain in $\mathbb{R}^{n}$ such as the surface area, the volume, the radius of the largest ball contained in the domain.

## 1. Main results and corollaries

Let $\alpha>n-1$. Further it would be suitable to use a constant

$$
\begin{equation*}
c_{\alpha, n}:=\left[\mathrm{I}\left(\alpha-n, B_{1}\right)\right]^{-1}=\frac{\Gamma(n / 2) \Gamma(\alpha+1)}{2 \pi^{n / 2} \Gamma(\alpha-n+1) \Gamma(n)}, \tag{5}
\end{equation*}
$$

where $B_{1}$ is a unit ball in $\mathbb{R}^{n}$, and $\Gamma(\cdot)$ is Euler's Gamma function.
Theorem 1. Let $\alpha \geq \beta \geq n-1$, and $G$ is a domain in $\mathbb{R}^{n}$ such that $\mathrm{I}(\alpha-n, G)<$ $<\infty$. Then

$$
\begin{align*}
\int_{G} \operatorname{dist}^{\alpha+\beta-n}(x, \partial G) d A \leq \frac{\mathrm{c}_{\alpha, n} \mathrm{c}_{\beta, n}}{\mathrm{c}_{\alpha+\beta, n}} \int_{G} \operatorname{dist}^{\alpha-n}(x, \partial G) d A \times & \\
& \times \int_{G} \operatorname{dist}^{\beta-n}(x, \partial G) d A \tag{6}
\end{align*}
$$

The equality holds iff $G$ is a ball in $\mathbb{R}^{n}$.
This kind of inequality was first proved in [14] for conformal moments of a simply connected plane domain. Also, in [14] a chain of plane isoperimetric inequalities was obtained in order to get sharp lower bound in the torsional problem. This chain is similar to 'discrete isoperimetric monotonicity.' Note that the inequality (6) contains three geometrical characteristics of $G$.

Corollary 1. Let $n=2$ and $\alpha=\beta=1$ in Theorem 1, then inequality (6) turns to the plane classical isoperimetric inequality

$$
\mathrm{A}(G) \leq \frac{L^{2}(G)}{4 \pi}
$$

In the next two assertions we prove isoperimetric monotonicity properties for integral functionals which depend on $\operatorname{dist}(x, \partial G)$.

Theorem 2. i) Let $\|\operatorname{dist}(x, \partial G)\|_{p}<\infty$, then

$$
\begin{equation*}
\frac{\|\operatorname{dist}(x, \partial G)\|_{p^{\prime}}}{\|\operatorname{dist}(x, \partial G)\|_{p^{\prime \prime}}} \leq \frac{\left\|\operatorname{dist}\left(x, \partial D_{1}\right)\right\|_{p^{\prime}}}{\left\|\operatorname{dist}\left(x, \partial D_{1}\right)\right\|_{p^{\prime \prime}}}, \tag{7}
\end{equation*}
$$

where $p^{\prime} \geq p \geq p^{\prime \prime} \geq 0, p^{\prime}>p^{\prime \prime}$, and $D_{1}$ is a ball such that $\left\|\operatorname{dist}\left(x, \partial D_{1}\right)\right\|_{p}:=$ $\|\operatorname{dist}(x, \partial G)\|_{p}$. Equality holds only for a ball in $\mathbb{R}^{n}$.
ii) Let $\left\|\operatorname{dist}^{-1}(x, \partial G)\right\|_{p}<\infty$, then

$$
\frac{\left\|\operatorname{dist}^{-1}(x, \partial G)\right\|_{p^{\prime}}}{\left\|\operatorname{dist}^{-1}(x, \partial G)\right\|_{p^{\prime \prime}}} \leq \frac{\left\|\operatorname{dist}^{-1}\left(x, \partial D_{2}\right)\right\|_{p^{\prime}}}{\left\|\operatorname{dist}^{-1}\left(x, \partial D_{2}\right)\right\|_{p^{\prime \prime}}}
$$

where $0 \leq p^{\prime} \leq p \leq p^{\prime \prime}<1, p^{\prime}<p^{\prime \prime}$, and $D_{2}$ is a ball such that $\left\|\operatorname{dist}^{-1}\left(x, \partial D_{2}\right)\right\|_{p}:=$ $\left\|\operatorname{dist}^{-1}(x, \partial G)\right\|_{p}$. Equality holds iff $G$ a ball in $\mathbb{R}^{n}$.

In the plane case for $p=p^{\prime \prime}=0$ the inequality (7) is an analogous of famous St Venant's and Polya's inequality for $\mathrm{P}(G)$. In the case $p=p^{\prime \prime}=0$, and for $p^{\prime}=1$ the inequality (7) was proved by J. Leavitt and P. Ungar [15], and in the case $p=p^{\prime \prime}=0$, and $p^{\prime} \geq 0$ in [16].

Using a result from [4] we can get the following lower estimations for the torsional rigidity of a plane domain.

Corollary 2. Let $G$ be a simply connected plane domain, and let $\mathrm{P}(G)$ is bounded, then we have for $\alpha \geq 4$

$$
\frac{3 \pi}{\alpha(\alpha-1)}\left(\frac{\alpha(\alpha-1)}{2 \pi} \int_{G} \operatorname{dist}^{\alpha-2}(x, \partial G) d A\right)^{4 / \alpha}<\mathrm{P}(G)
$$

Now we shall consider a normalized version of $\mathrm{I}(\alpha-n, G)$

$$
\begin{equation*}
\mathbb{I}_{\alpha}(G)=\left(\mathrm{c}_{\alpha, n} \int_{G} \operatorname{dist}^{\alpha-n}(x, \partial G) d A\right)^{1 / \alpha} \tag{8}
\end{equation*}
$$

where $\alpha>n-1$. In the Lebesgue's sense $\mathbb{I}_{n-1}(G)$ does not exist, however we give a meaningful definition for the case $\alpha=n-1$. In that case we suppose that $G$ has a smooth boundary $\partial G$, which belongs to $C^{1}(G)$, and we put

$$
\begin{equation*}
\mathbb{I}_{n-1}(G):=\lim _{\alpha \rightarrow(n-1)+0} \mathbb{I}_{\alpha}(G)=\left[\frac{\Gamma(n / 2)}{2 \pi^{n / 2}} \int_{\partial G} d S\right]^{1 /(n-1)}, \tag{9}
\end{equation*}
$$

where $d S$ is the volume element of $\partial G$. On the other hand, we have

$$
\begin{equation*}
\lim _{\alpha \rightarrow \infty} \mathbb{I}_{\alpha}(G)=\mathrm{d}(G) \tag{10}
\end{equation*}
$$

Therefore, $\mathrm{d}(G)<\infty$ is the necessary condition to apply our theorems. Further we prove that the evaluations given in (9) and (10) are well defined.

Theorem 3. Let $G$ is a domain in $\mathbb{R}^{n}$, and suppose that $\mathbb{I}_{\alpha_{0}}(G)$ is bounded for some $\alpha_{0} \geq n-1$. Then
i) If $G$ is not a ball in $\mathbb{R}^{n}$, then $\mathbb{I}_{\alpha}(G)$ is a strictly decreasing function of $\alpha$ for $\alpha \geq \alpha_{0}$ and $\mathbb{I}_{\infty}(G)=\mathrm{d}(G)$.
ii) If $G$ is a ball in $\mathbb{R}^{n}$, then $\mathbb{I}_{\alpha}(G)$ is the radius of the ball $G$ for all $\alpha \geq n-1$.

Corollary 3. Let $G$ is a domain in $\mathbb{R}^{n}$ such that $\mathbb{I}_{\alpha}(G)<\infty$ for $\alpha \in[n-1, n)$, then

$$
\mathbb{I}_{n}(G) \leq \mathbb{I}_{\alpha}(G), \text { and } \mathbb{I}_{\alpha}(G) \leq \mathbb{I}_{n-1}(G)
$$

In the both equalities the equalities hold only for a ball in $\mathbb{R}^{n}$.
The last inequalities are a generalization of the classical $n$-dimentional isoperimetric inequality, which was proved by E. Schmidt [17], moreover, our assertion is a more sharper result.

## 2. Proofs of theorems

We begin by proving some simple important properties of the functional $\mathrm{I}(\alpha, G)$ for $\alpha>-1$.

Throughout the proof we will use the following notations

$$
\begin{align*}
G_{\lambda}(\alpha) & :=\left\{x \in G \mid \operatorname{dist}^{\alpha}(x, \partial G)>\lambda\right\} \\
\Gamma_{\lambda}(\alpha) & :=\left\{x \in G \mid \operatorname{dist}^{\alpha}(x, \partial G)=\lambda\right\}  \tag{11}\\
\mathrm{a}(G) & :=\int_{G} d A
\end{align*}
$$

and denote by $[\cdot]_{S}$ the Schwarz symmetrization of a domain in $\mathbb{R}^{n}$, and of a function over the domain. We will usually fix a parameter $\alpha$ in our proof, and in those cases, for brevity, we will drop $\alpha$, for example, $G_{\lambda}:=G_{\lambda}(\alpha)$.

Lemma 1. Let $\alpha>0$, and $G$ be an unbounded domain in $\mathbb{R}^{n}$ such that $\mathrm{I}(\alpha, G)<$ $<\infty$. Then: 1) $\mathrm{a}\left(G_{\lambda}\right)<\infty$ for $0<\lambda \leq \mathrm{d}^{\alpha}(G)$, in particular, $\mathrm{d}(G)<\infty$; 2) $\lambda \mathrm{a}\left(G_{\lambda}\right) \underset{\lambda \rightarrow 0}{\longrightarrow} 0$.

Proof. Let $\lambda>0$, then we have a chain of inequalities

$$
\mathrm{I}(\alpha, G) \geq \int_{G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A \geq \mathrm{a}\left(G_{\lambda}\right) \inf _{x \in G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G)=\lambda \mathrm{a}\left(G_{\lambda}\right)
$$

so $\mathrm{a}\left(G_{\lambda}\right) \leq \lambda^{-1} \mathrm{I}(\alpha, G)<\infty$.
Further, note that

$$
\mathrm{I}(\alpha, G)=\int_{G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A+\int_{G \backslash G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A
$$

Using the definition of integral by Lebesgues, and integration by parts, we obtain

$$
\int_{G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A=\int_{0}^{\mathrm{a}\left(G_{\lambda}\right)} \lambda(a) d a=\lambda \mathrm{a}\left(G_{\lambda}\right)+\int_{\lambda}^{\mathrm{d}^{\alpha}(G)} \mathrm{a}\left(G_{t}\right) d t
$$

The last integral bounded by $\mathrm{I}(\alpha, G)$. Hence $\mathrm{a}\left(G_{\lambda}\right)$ is integrable on $\left[0, \mathrm{~d}^{\alpha}(G)\right]$ because $\mathrm{a}\left(G_{\lambda}\right) \geq 0$ for all admissible $\lambda$. Therefore

$$
0 \leq \lim _{\lambda \rightarrow 0} \lambda \mathrm{a}\left(G_{\lambda}\right) \leq \lim _{\lambda \rightarrow 0} \int_{0}^{\lambda} \mathrm{a}\left(G_{t}\right) d t=0
$$

In the sequel we will use some well-known properties of the level sets (see, for example, [7]), in particular, we will frequently make use of the relations

$$
\begin{align*}
& \int_{G} \operatorname{dist}^{\beta}(x, \partial G) d A=\int_{0}^{\mathrm{d}^{\beta}(G)} \mathrm{a}\left(G_{\lambda}(\beta)\right) d \lambda \quad \text { for } \quad \beta>0 \\
& \int_{G} \operatorname{dist}^{\beta}(x, \partial G) d A=\mathrm{a}(G) \mathrm{d}^{\beta}(G)+\int_{\mathrm{d}^{\beta}(G)}^{\infty} \mathrm{a}\left(G_{\lambda}(\beta)\right) d \lambda \quad \text { for } \quad \beta<0  \tag{12}\\
& \frac{d \mathrm{a}\left(G_{\lambda}(1)\right)}{d \lambda}=-\int_{\Gamma_{\lambda}(1)} d S .
\end{align*}
$$

Lemma 2. Let $G$ be not a ball in $\mathbb{R}^{n}$, and $[\cdot]_{S}$ is the Schwarz symmetrization of a domain $G_{\lambda}$. Then:

1) $\int_{G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A<\int_{\left[G_{\lambda}\right]_{S}} \operatorname{dist}^{\alpha}\left(x, \partial[G]_{S}\right) d A \quad$ for $\alpha>0 ;$
2) $\int_{G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A>\int_{\left[G_{\lambda}\right]_{S}} \operatorname{dist}^{\alpha}\left(x, \partial[G]_{S}\right) d A \quad$ for $\quad-1<\alpha<0$.

Proof. Let $x \in G_{\lambda}$, then it is easy to check that

$$
\begin{equation*}
\operatorname{dist}(x, \partial G)=\operatorname{dist}\left(x, \partial G_{\lambda}\right)+\lambda^{1 / \alpha} \tag{13}
\end{equation*}
$$

The assertion follows by means of the Schwarz symmetrization of $G_{\lambda}$. Indeed, we have $\left[\operatorname{dist}\left(\cdot, \partial G_{\lambda}\right)\right]_{S}(x)<\operatorname{dist}\left(x, \partial\left[G_{\lambda}\right]_{S}\right)$ for $x \in\left[G_{\lambda}\right]_{S}$, and a $\left(\left[G_{\lambda}\right]_{S}\right) \leq \mathrm{a}\left(\left([G]_{S}\right)_{\lambda}\right)$ (see [7] ). Using (13) we obtain

$$
\begin{aligned}
{[\operatorname{dist}(\cdot, \partial G)]_{S} } & (x)=\left[\operatorname{dist}\left(\cdot, \partial G_{\lambda}\right)+\lambda^{1 / \alpha}\right]_{S}(x)=\left[\operatorname{dist}\left(\cdot, \partial G_{\lambda}\right)\right]_{S}(x)+\lambda^{1 / \alpha}< \\
& <\operatorname{dist}\left(x, \partial\left[G_{\lambda}\right]_{S}\right)+\lambda^{1 / \alpha} \leq \operatorname{dist}\left(x, \partial\left([G]_{S}\right)_{\lambda}\right)+\lambda^{1 / \alpha}=\operatorname{dist}\left(x, \partial[G]_{S}\right)
\end{aligned}
$$

Using the basic properties of the Schwarz symmetrization, for $\alpha>0$, we get

$$
\int_{G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A=\int_{\left[G_{\lambda}\right]_{S}}\left([\operatorname{dist}(\cdot, \partial G)]_{S}(x)\right)^{\alpha} d A<\int_{\left[G_{\lambda}\right]_{S}} \operatorname{dist}^{\alpha}\left(x, \partial[G]_{S}\right) d A
$$

In the case $-1<\alpha<0$ we get the same inequality, but with the revers sign.

We now define a ball $D\left(\subset \mathbb{R}^{n}\right)$, which corresponds to the domain $G$. From (5) we can conclude that $\mathrm{I}(\alpha, D)$, for fixed $\alpha$, is a strictly increasing function of the radius of $D$, and runs from 0 to $\infty$ with the radius of $D$. Therefore there is exactly one ball $D$, up to an Euclidean motion, such that $\mathrm{I}(\alpha, D)=\mathrm{I}(\alpha, G)$. Note that $D$ depends of $\alpha$ and $G$, and it plays very important role in our proof.

According to Lemma 2 we shall distinguish two cases: 1) $\alpha \geq 0$, and 2) $-1<\alpha<0$.
Proposition 1. Let $\alpha \geq 0$, and $D$ is the ball defined as above, then

1) $\mathrm{I}(\gamma, G) \leq \mathrm{I}(\gamma, D) \quad$ for $\gamma>\alpha$;
2) $\mathrm{I}(\gamma, G) \geq \mathrm{I}(\gamma, D) \quad$ for $0 \leq \gamma<\alpha$.

In the both cases the equalities hold if and only if $G$ is a ball.
Proof. To prove the assertion we apply the M.-Th. Kohler-Jobin symmetrization with a slight modification. This method was introduced in $[8,10]$, and it was applied to study isoperimetric properties of the solutions of $(4), \lambda_{1}(G)$, and the first eigenfunction of (4) (see [3, 8, 10, 12]).

First of all we note that the case $\alpha=0$ is the special case of Lemma 2 with $\lambda=0$. Therefore let us fix $\alpha>0$. Further note that the case $\gamma=0$ also is another interpretation of Lemma 2 with $\lambda=0$. Indeed, we have

$$
\mathrm{I}(\alpha, D)=\mathrm{I}(\alpha, G) \leq \mathrm{I}\left(\alpha,[G]_{S}\right)
$$

and using (5), we obtain $\mathrm{I}(0, D)=\mathrm{a}(D) \leq \mathrm{a}\left([G]_{S}\right)=\mathrm{a}(G)=\mathrm{I}(0, G)$.
Thus we can suppose $\gamma>0$.
Set

$$
i(\lambda)=\int_{G_{\lambda}} \operatorname{dist}^{\alpha}(x, \partial G) d A-\lambda \mathrm{a}\left(G_{\lambda}\right)
$$

The corresponding value for $D$ we denote by $i^{*}\left(\lambda^{*}\right)$.
From (12) we obtain

$$
i(\lambda)=\int_{\lambda}^{\mathrm{d}^{\alpha}(G)} \mathrm{a}\left(G_{t}\right) d t,
$$

and since $i\left(\mathrm{~d}^{\alpha}(G)\right)=0$, we have

$$
\begin{equation*}
-\frac{d i(\lambda)}{d \lambda}=\mathrm{a}\left(G_{\lambda}\right) . \tag{16}
\end{equation*}
$$

An analogous computation for $D_{\lambda^{*}}$ leads to

$$
-\frac{d i^{*}\left(\lambda^{*}\right)}{d \lambda^{*}}=\mathrm{a}\left(D_{\lambda^{*}}\right) .
$$

Now let us define a correspondence between $G_{\lambda}$ and $D_{\lambda^{*}}$ by requiring that $i(\lambda)=$ $=i^{*}\left(\lambda^{*}\right)$. By the definition of $D$, for $\lambda=\lambda^{*}=0$ we have $i(0)=\mathrm{I}(\alpha, G)=\mathrm{I}(\alpha, D)=$ $=i^{*}(0)$.

Because $G_{\lambda}$ is bounded, by Lemma 1, applying Lemma 2 to $G_{\lambda}$ and $D_{\lambda^{*}}$, we obtain $\mathrm{a}\left(D_{\lambda^{*}}\right) \leq \mathrm{a}\left(G_{\lambda}\right)$. Let $\lambda(i)$ be the inverse of $i(\lambda)$. Hence by the defined correspondence we must have the inequality

$$
-\frac{d \lambda^{*}(i)}{d i} \geq-\frac{d \lambda(i)}{d i}
$$

Again, using $\lambda^{*}(\mathrm{I}(\alpha, D))=0=\lambda(\mathrm{I}(\alpha, G))$, we obtain by integration from $i_{0}(>0)$ to $\mathrm{I}(\alpha, G)$

$$
\begin{equation*}
\lambda^{*}(i) \geq \lambda(i) . \tag{17}
\end{equation*}
$$

In particular, we have the inequality $\mathrm{d}(D) \geq \mathrm{d}(G)$, which, indeed, follows immediately form Lemma 2 and the definition of $D$.

From the definition (11) easily follows $G_{\lambda}(\beta)=G_{\lambda \alpha / \beta}$, where $\beta>0$. Using Lemma 1, (11), (12), and the equality $-d i(\lambda)=\mathrm{a}\left(G_{\lambda}\right) d \lambda$, by (16), we get

$$
\begin{align*}
& \int_{G} \operatorname{dist}^{\gamma}(x, \partial G) \mathrm{d} A=\int_{0}^{\mathrm{a}(G)} \lambda(\mathrm{a}) d \mathrm{a}=\int_{0}^{\mathrm{d}^{\gamma}(G)} \mathrm{a}\left(G_{t}(\gamma)\right) d t=\int_{0}^{\mathrm{d}^{\gamma}(G)} \mathrm{a}\left(G_{t^{\alpha} / \gamma}\right) d t= \\
& =\frac{\gamma}{\alpha} \int_{0}^{\mathrm{d}^{\alpha}(G)} t^{\gamma / \alpha-1} \mathrm{a}\left(G_{t}\right) d t=-\frac{\gamma}{\alpha} \int_{0}^{\mathrm{d}^{\alpha}(G)} t^{\gamma / \alpha-1} d i(t)=\frac{\gamma}{\alpha} \int_{0}^{\mathrm{I}(\alpha, G)} \lambda^{\gamma / \alpha-1}(i) d i . \tag{18}
\end{align*}
$$

In the both cases $\gamma \geq \alpha$, and $0<\gamma<\alpha$, using (17), we obtain (14), and (15), but in the second case we suppose that $\mathrm{I}(\gamma, G)<\infty$. The cases of equality immediately follows from Lemma 2.

Proposition 2. Let $-1<\alpha<0, \gamma \leq 0$, and $D$ is the ball defined in the same way like above, then

$$
\begin{array}{ll}
\text { 1) } \mathrm{I}(\gamma, G) \leq \mathrm{I}(\gamma, D) & \text { for } \quad 0 \geq \gamma>\alpha \text {; } \\
\text { 2) } \mathrm{I}(\gamma, G) \geq \mathrm{I}(\gamma, D) \quad \text { for } \quad \alpha>\gamma .
\end{array}
$$

Proof. We will use same ideas as in Proposition 1, but in quite different situation.
First, we note that if we fix $\alpha$, then $\mathrm{I}(\alpha, D)$ is an increasing function of the radius of $D$. Moreover, the direct calculation shows that the same assertion remains true for $\mathrm{a}\left(D_{\lambda}\right)$ with fixed $\alpha$ and $\lambda$. We will use this remark bellow. In particular, from Lemma 2, and the definition of $D$, follow

$$
\begin{equation*}
\mathrm{a}(G)=\mathrm{a}\left([G]_{S}\right) \leq \mathrm{a}(D) . \tag{19}
\end{equation*}
$$

As in Proposition 1 the case $\gamma=0$ is the particular case of Lemma 2 with $\lambda=0$. Therefore let $\gamma<0$.


Fig. 1

Set

$$
i(\lambda)=\int_{\lambda}^{\infty} \widehat{\mathrm{a}}\left(G_{t}\right) d t
$$

where

$$
\widehat{\mathrm{a}}\left(G_{\lambda}\right)= \begin{cases}\mathrm{a}(G) & \text { for } 0 \leq \lambda \leq \mathrm{d}^{\alpha}(G) \\ \mathrm{a}\left(G_{\lambda}\right) & \text { for } \lambda>\mathrm{d}^{\alpha}(G)\end{cases}
$$

In particular, using (12) we get

$$
i(0)=\mathrm{a}(G) \mathrm{d}^{\alpha}(G)+\int_{\mathrm{d}^{\alpha}(G)}^{\infty} \mathrm{a}\left(G_{t}\right) d t=\mathrm{I}(\alpha, G)
$$

For the convenience of the reader we give an illustration for the plane case (see Fig. 1).
The corresponding value for $D$ we denote by $i^{*}\left(\lambda^{*}\right)$.
Further, almost everywhere we have

$$
\begin{equation*}
-\frac{d i(\lambda)}{d \lambda}=\widehat{\mathrm{a}}\left(G_{\lambda}\right) \tag{20}
\end{equation*}
$$

An analogous computation for $D_{\lambda^{*}}$ leads to

$$
-\frac{d i^{*}\left(\lambda^{*}\right)}{d \lambda^{*}}=\widehat{\mathrm{a}}\left(D_{\lambda^{*}}\right)
$$

Let us define a correspondence between $G_{\lambda}$ and $D_{\lambda^{*}}$ by requiring that $i(\lambda)=$ $=i^{*}\left(\lambda^{*}\right)$. By the definition of $D$, for $\lambda=\lambda^{*}=0$ we have $i(0)=\mathrm{I}(\alpha, G)=\mathrm{I}(\alpha, D)=$ $=i^{*}(0)$.

Applying Lemma 2 to $G_{\lambda}$ and $D_{\lambda^{*}}$, the note at the beginning of the proof, and (19), we obtain $\widehat{\mathrm{a}}\left(D_{\lambda^{*}}\right) \geq \widehat{\mathrm{a}}\left(G_{\lambda}\right)$. Let $\lambda(i)$ be the inverse of $i(\lambda)$. Hence by the defined correspondence we must have the inequality

$$
-\frac{d \lambda^{*}(i)}{d i} \leq-\frac{d \lambda(i)}{d i}
$$

Using $\lambda^{*}(\mathrm{I}(\alpha, D))=0=\lambda(\mathrm{I}(\alpha, G))$, we obtain by integration from $i_{0}(>0)$ to $\mathrm{I}(\alpha, G)$

$$
\begin{equation*}
\lambda^{*}(i) \leq \lambda(i) \tag{21}
\end{equation*}
$$

From the definition (11) easily follows $G_{\lambda}(\beta)=G_{\lambda^{\alpha / \beta}}$, where $\beta<0$. Using Lemma 1, (11), (12), and the equality $-d i(\lambda)=\widehat{\mathrm{a}}\left(G_{\lambda}\right) d \lambda$, by (20), we get

$$
\begin{align*}
& \int_{G} \operatorname{dist}^{\gamma}(x, \partial G) d A=\mathrm{a}(G) \mathrm{d}^{\gamma}(G)+\int_{\mathrm{d}^{\gamma}(G)}^{\infty} \mathrm{a}\left(G_{t}(\gamma)\right) d t=\mathrm{a}(G)\left(\mathrm{d}^{\alpha}(G)\right)^{\gamma / \alpha}+ \\
& \quad+\int_{\mathrm{d}^{\gamma}(G)}^{\infty} \mathrm{a}\left(G_{t^{\alpha / \gamma}}\right) d t=\frac{\gamma}{\alpha} \int_{0}^{\mathrm{d}^{\alpha}(G)} t^{\gamma / \alpha-1} \mathrm{a}(G) d t+\frac{\gamma}{\alpha} \int_{\mathrm{d}^{\alpha}(G)}^{\infty} t^{\gamma / \alpha-1} \mathrm{a}\left(G_{t}\right) d t= \\
& \quad=\frac{\gamma}{\alpha} \int_{0}^{\infty} t^{\gamma / \alpha-1} \widehat{\mathrm{a}}\left(G_{t}\right) d t=-\frac{\gamma}{\alpha} \int_{0}^{\infty} t^{\gamma / \alpha-1} d i(t)=\frac{\gamma}{\alpha} \int_{0}^{\mathrm{I}(\alpha, G)}(\lambda(i))^{\gamma / \alpha-1} d i . \tag{22}
\end{align*}
$$

Let $\alpha<\gamma<0$, then $\gamma / \alpha-1<0$. From (21) and (22) we easy obtain

$$
\mathrm{I}(\gamma, G)=\frac{\gamma}{\alpha} \int_{0}^{\mathrm{I}(\alpha, G)}(\lambda(i))^{\gamma / \alpha-1} d i \leq \frac{\gamma}{\alpha} \int_{0}^{\mathrm{I}(\alpha, D)}\left(\lambda^{*}(i)\right)^{\gamma / \alpha-1} d i=\mathrm{I}(\gamma, D)
$$

which is the first inequality of our proposition. If we interchange $\alpha$ and $\gamma$, then the second inequality follows from the first.

This completes the proof of Proposition 2.
Proof of Theorem 1. We just apply Proposition 1 and Proposition 2 for the case $\mathrm{I}(\alpha, D)=\mathrm{I}(\alpha, G)$.

Proof of Theorem 2. To prove the first part we apply Proposition 1 for the case $\mathrm{I}(p, D)=\mathrm{I}\left(p, D_{1}\right)$. The second part follows from Proposition 2 for the case $\mathrm{I}(p, D)=$ $=\mathrm{I}\left(p, D_{2}\right)$.

Proof of Theorem 3. First note that the isoperimetric inequality $\mathbb{I}_{\beta}(G) \geq \mathbb{I}_{\delta}(G)$ for $\beta \leq n \leq \delta$ follows easily from Lemma 2, and moreover, we have the same lower and the upper bound $\mathbb{I}_{n}(G)$ for $\mathbb{I}_{\beta}(G)$ and $\mathbb{I}_{\delta}(G)$ respectively. Now we prove that the definition (9) is well-defined for domains with smooth boundaries. For the brevity we will use the denotation $\lim _{\alpha}:=\lim _{\alpha \rightarrow(n-1)+0}$. Indeed, using (5), (11), and (12), and
applying a integration by parts, we obtain

$$
\begin{aligned}
& \lim _{\alpha}\left(\mathbb{I}_{\alpha}(G)\right)^{\alpha}=\lim _{\alpha} \mathrm{c}_{\alpha, n} \int_{G} \operatorname{dist}^{\alpha-n}(x, \partial G) d A= \\
& =\lim _{\alpha} \mathrm{c}_{\alpha, n} \int_{0}^{\mathrm{a}(G)} \lambda\left(\mathrm{a}\left(G_{\lambda}(1)\right)\right)^{\alpha-n} d \mathrm{a}\left(G_{\lambda}(1)\right)=\lim _{\alpha} \frac{\mathrm{c}_{\alpha, n}}{\alpha-n+1} \int_{0}^{\mathrm{d}(G)} \int_{\Gamma_{\lambda}(1)} d S d \lambda^{\alpha-n+1}= \\
& \quad=\lim _{\alpha} \frac{\Gamma(\alpha+1) \Gamma(n / 2)}{2 \pi^{n / 2} \Gamma(\alpha-n+2) \Gamma(n)} \times \\
& \left.\quad \times\left[\mathrm{d}(G)^{\alpha-n+1} \int_{\Gamma_{\mathrm{d}(G)}(1)} d S \int_{0}^{\mathrm{d}(G)} \lambda^{\alpha-n+1} d \int_{\Gamma_{\lambda}(1)} d S\right)\right]=\frac{\Gamma(n / 2)}{2 \pi^{n / 2}} \int_{\partial G} d S .
\end{aligned}
$$

Note that, from (5) and (8) we can see $\mathbb{I}_{\alpha}(D)=R$ for all $\alpha \geq n-1$, where $R$ is the radius of the ball $D$.

Let $G$ is not a ball in $\mathbb{R}^{n}$, and fix $\alpha\left(\geq \alpha_{0}\right)$, then $\mathbb{I}_{\alpha}(G)$ is bounded, by Proposition 1 and Proposition 2. Like above we can show that there is exactly one ball $D(\alpha)$ in $\mathbb{R}^{n}$, up to an Euclidean motion, such that $\mathbb{I}_{\alpha}(G)=\mathbb{I}_{\alpha}(D(\alpha))$. Further we conclude from (5) and (6) that $\mathbb{I}_{\gamma}(D(\alpha))=\mathbb{I}_{\delta}(D(\alpha))$ for all admissible $\gamma$ and $\delta$. Therefore for a small $\varepsilon>0$, from Proposition 1 and Proposition 2 follow again that $\mathbb{I}_{\alpha+\varepsilon}(G)$ is bounded, and the ball $D(\alpha)$ gives a larger $\mathbb{I}_{\alpha+\varepsilon}(\cdot)$ than the domain $G$, that is

$$
\begin{equation*}
\mathbb{I}_{\alpha+\varepsilon}(G)<\mathbb{I}_{\alpha+\varepsilon}(D(\alpha))=\mathbb{I}_{\alpha}(D(\alpha))=\mathbb{I}_{\alpha}(G), \tag{23}
\end{equation*}
$$

which is the desired conclusion.
To complete the proof we have to prove (10). From the monotonic property of $\mathbb{I}_{\alpha}(G)$ with respect to the domain we get the inequality $\mathbb{I}_{\alpha}(G) \geq \mathrm{d}(G)$. Thus it would be enough for us to establish the reverse inequality. Let $\mathbb{I}_{\alpha_{0}}(G)<\infty$ for some $\alpha_{0} \geq n$. Then, applying (18) for $\alpha>\alpha_{0}$, we can write the equality

$$
\begin{aligned}
\mathbb{I}_{\alpha}(G) & =\left(\mathrm{c}_{\alpha, n} \mathrm{I}(\alpha-n)\right)^{1 / \alpha}=\left(\mathrm{c}_{\alpha, n} \frac{\alpha-n}{\alpha_{0}-n} \int_{0}^{\mathrm{I}\left(\alpha_{0}-n, G\right)} \lambda^{\left(\alpha-\alpha_{0}\right) /\left(\alpha_{0}-n\right)}(i) d i\right)^{1 / \alpha}= \\
& =\mathrm{d}(G)\left(\frac{(\alpha-n) \mathrm{c}_{\alpha, n}}{\left(\alpha_{0}-n\right)[\mathrm{d}(G)]^{-\alpha_{0}}} \int_{0}^{\mathrm{I}\left(\alpha_{0}-n, G\right)}\left[\frac{\lambda}{\mathrm{d}^{\alpha_{0}-n}(G)}\right]^{\left(\alpha-\alpha_{0}\right) /\left(\alpha_{0}-n\right)}(i) d i\right)^{1 / \alpha},
\end{aligned}
$$

where $\lambda$ corresponds to the level sets of $\operatorname{dist}^{\alpha_{0}-n}(x, \partial G)$. Thus we easily get

$$
\mathbb{I}_{\alpha}(G) \leq \mathrm{d}(G)\left(\frac{(\alpha-n) \mathrm{c}_{\alpha, n}}{\left(\alpha_{0}-n\right)[\mathrm{d}(G)]^{-\alpha_{0}}} \mathrm{I}\left(\alpha_{0}-n, G\right)\right)^{1 / \alpha}
$$

Tending $\alpha$ to the infinity, we get $\mathbb{I}_{\alpha}(G) \leq \mathrm{d}(G)$.
This finishes the proof of the theorem.
In the conclusion we have to make a remark about reverse inequalities in the theorems. Note that, using Proposition 1 we also can 'go back' from $\mathbb{I}_{\alpha}(G)$ to $\mathbb{I}_{\alpha-\varepsilon}(G)$, but
we need to know that $\mathbb{I}_{\alpha-\varepsilon}(G)$ is bounded. We now give a simple example of domain $G$ on the plane, such that it has $\mathbb{I}_{\alpha}(G)=\infty$ and $\mathbb{I}_{\gamma}(G)$ is bounded for $\gamma>\alpha$. In particular, that means, we cannot prove the reverse inequality $\mathbb{I}_{\alpha}(G)>c \mathbb{I}_{\delta}(G)$ for $\alpha>\delta$ without additional restrictions on $G$, here $c>0$ is a universal constant.

Without loss of generality we suppose $\alpha>0$, and consider the domain placed between curves $x=1, y=0$, and $y=x^{-1 / \alpha}$. There exists $X \in \mathbb{R}$ such that $\operatorname{dist}(z, \partial G)=y / 2$, where $z=x+i y$, and $x>X$. Denote by $G_{X}$ the subdomain of $G$ between $x=1$ and $x=X$, we obtain

$$
\int_{G} \operatorname{dist}^{\alpha}(x, \partial G) d A \approx \int_{G_{X}} \operatorname{dist}^{\alpha}(x, \partial G) d A+\frac{1}{2} \int_{X}^{X_{0}} \frac{d x}{x} \underset{X_{0} \rightarrow \infty}{\longrightarrow} \infty
$$

nevertheless

$$
\int_{G} \operatorname{dist}^{\alpha+\varepsilon}(x, \partial G) d A \leq \int_{G_{X}} \operatorname{dist}^{\alpha+\varepsilon}(x, \partial G) d A+\int_{X}^{\infty} \frac{d x}{x^{1+\varepsilon / \alpha}}<\infty
$$

where $\varepsilon>0$. The generalization to an $n$-dimensional case is obvious.
The author is thankful to Professor F.G. Avkhadiev for interesting discussions on the mathematical physics and useful advices.

The work was also supported by Russian Foundation of Basic Research (grant No. 05-01-00523).

## Резюме

Р.Г. Салахудинов. Изопериметрические неравенства для $L^{p}$-норм функции расстояния до границы области.

Доказана изопериметрическая монотонность евклидовых степенных моментов области относительно своей границы. Доказанное свойство, эквивалентно изопериметрическим неравенствам для $L^{p}$-норм функции расстояния до границы области для различных значений $p$.

## Literature

1. Avkhadiev F.G. Solution of generalizated St Venant problem // Sborn.: Math. - 1998. V. 189, No 12. - P. 1739-1748.
2. Avkhadiev F.G. Geometric characteristics of domains equivalent to the norms of some embedding operators // Proc. of the Intern. Conf. and Chebyshev Lectures. - M.: Moscow State University, 1996. - V. 1. - P. 12-14 (in Russian).
3. Kohler-Jobin M.-Th. Symmetrization with equal Dirichlet integrals // SIAM J. Math. Anal. - 1982. - V. 13. - P. 153-161.
4. Salahudinov R.G. Isoperimetric inequality for torsional rigidity in the complex plane // J. of Inequal. \& Appl. - 2001. - V. 6. - P. 253-260.
5. Bañuelos R., van den Berg M., Carroll T. Torsional Rigidity and Expected Lifetime of Brownian motion // J. London Math. Soc. - 2002. - V. 66. No 2. - P. 499-512.
6. Davies E.B. A review of Hardy Inequalities // Operator Theory: Adv. Appl. - 1989. V. 110. - P. 55-67.
7. Bandle C. Isoperimetric inequalities and applications. - Boston: Pitman Advanced Publishing Program, 1980. - 228 p.
8. Kohler-Jobin M.-Th. Une propriété de monotonie isopérimétrique qui contient plusieurs théorémes classiques // C. R. Acad. Sci. Paris. - 1977. - V. 284, No 3. - P. 917-920.
9. Bandle C. Bounds of the solutions of boundary value problems // J. of Math. Anal. and Appl. - 1976. - V. 54. - P. 706-716.
10. Kohler-Jobin M.-Th. Isoperimetric monotonicity and isoperimetric inequalities of PayneRayner type for the first eigenfunction of the Helmholtz problem // Z. Angew. Math. Phys. - 1981. - V. 32. - P. 625-646.
11. Hayman W.K. Some bounds for the principal frequency // Appl. Anal. - 1978. - V. 7. P. 247-254.
12. Hersch J. Isoperimetric monotonicity - some properties and conjectures (connection between Isoperimetric Inequalities) // SIAM REV. - 1988. - V. 30, No 4. - P. 551-577.
13. Bandle C. Estimates for the Green's functions of Elliptic Operators // SIAM J. Math. Anal. - 1978. - V. 9. - P. 1126-1136.
14. Avkhadiev F.G., Salahudinov R.G. Isoperimetric inequalities for conformal moments of plane domains // J. of Inequal. \& Appl. - 2002. - V. 7, No 4. - P. 593-601.
15. Leavitt J., Ungar P. Circle supports the largest sandpile // Comment. Pure Appl. Math. 1962. - V. 15. - P. 35-37.
16. Avkhadiev F.G., Salahudinov R.G. Bilateral Isoperimetric inequalities for boundary moments of plane domains // Lobachevskii J. of Mathematics. - 2001. - V. 9. - P. 3-5 (URL: http://ljm.ksu.ru).
17. Schmidt E. Über das isoperimetrische Problem im Raum von $n$ Dimensionen // Math. Z. - 1938. - V. 44. - P. 689-788.

Поступила в редакцию 21.03.06

[^0]
[^0]:    Салахудинов Рустем Гумерович - кандидат физико-математических наук, доцент, старший научный сотрудник НИИ математики и механики им. Н.Г. Чеботарева Казанского государственного университета.

    E-mail: rsalahudinov@ksu.ru

