

# Lessons from the Whole Exome Sequencing Effort in Populations of Russia and Tajikistan

Eugenia A. Boulygina<sup>1</sup> · Elena Lukianova<sup>2</sup> · Tatyana V. Grigoryeva<sup>1</sup> ·  
Maria N. Siniagina<sup>1</sup> · Sergey Yu Malanin<sup>1</sup> · Elena V. Balanovska<sup>3</sup> ·  
Oleg P. Balanovsky<sup>2,3</sup> · Vladislav M. Chernov<sup>1,4</sup>

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**Abstract** In contrast with the traditional methods applied to assessment of population diversity, high-throughput sequencing technologies have a wider application in clinical practice with greater potential to find novel disease-causing variants for multifactorial disorders. Widely used test panels may not meet their goal to diagnose the patient's condition with a full reliability since this method often does not take into account the population frequencies of analyzed genetic markers. Here, we analyzed 57 male individuals of five ethnic groups from Russia and Tajikistan using the whole exome sequencing technique (Ion AmpliSeq Exome), which resulted in detecting more than 299,000 single nucleotide polymorphisms. Samples formed clusters on the PCA plot according to the geographical location of the corresponding populations. Thereby, the methodology of whole-exome sequencing, in general, and the Ion AmpliSeq Exome panel, in particular, could be positively applied for the purposes of population genetics and for detection of the novel clinically relevant variants.

**Keywords** Whole exome sequencing · Diagnostic panel · Ion AmpliSeq Exome · SNP · North Eurasian populations

## 1 Introduction

Historically, the classical method to discover the pathogenic genome changes is based on the Sanger sequencing of the target gene, which carries a mutation. Constantly updated knowledge bases of multifactorial disorders help to construct a wide spectrum of the diagnostic test panels for the detection of states of many specific disease-associated genetic markers simultaneously. Getting cheaper and more precise, next-generation sequencing technologies enhance the potential of medical diagnostics and bring the modern genome analysis approaches, such as whole genome sequencing (WGS) and whole exome sequencing (WES), into the clinical practice. These techniques allow to reveal the novel pathogenic and benign single nucleotide polymorphisms (SNPs), insertions, and deletions, which characterize the heterogeneous conditions [1] and to respecify the annotation of SNPs' clinical effect for different populations, assigned previously by using microarrays. It has been shown before that the set of disease-associated genes varies according to the patient's ethnicity [2], which brings universality of diagnostic panels into challenge. In this connection, the medical diagnosis should be provided with considering the population frequencies of the pathogenic variants.

Currently, several methods are applied to define population diversity, including Y-chromosomal and autosomal STR profiling [3], mtDNA sequencing [4], and SNP arrays such as Illumina chips [5], human origin array [6], and GenoChip [7]. All these specialized genotyping tools were designed to have the most convenient application in the field of population genetics, but not to detect the clinically relevant SNPs.

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✉ Eugenia A. Boulygina  
boulygina@gmail.com

<sup>1</sup> Kazan Federal University, Kremlyovskaya 18, Kazan 420008, Russia

<sup>2</sup> Vavilov Institute of General Genetics, Gubkina 3, Moscow 119333, Russia

<sup>3</sup> Research Centre for Medical Genetics, Moskvorechie 1, Moscow 115478, Russia

<sup>4</sup> Kazan Institute of Biochemistry and Biophysics, Lobachevsky 2/31, Kazan 420111, Russia

The gene pool of the North Eurasian populations was well studied by many genetic systems, but nevertheless, the medical application of its genome profiling is on the initial stage. Thus, in the present study, we assess a possibility of WES to provide significant convenience for detection of specific population-associated and clinical markers.

Fifty-seven DNA samples (19 male individuals belonging to Kazan Tatars population (from Tatarstan Republic of Russia), 4

**Fig. 2** Principal component plot of the 57 sequenced samples (PC1 and PC2)



Raw data for this project is stored on the Kazan Federal University servers and could be shared according to the Ethics Committee approval upon request.

### 3 Results and Discussion

SNP calling for all 57 analyzed exomes resulted in more than 299,000 raw variants. Comparing with the GenoChip, one of the most widely used in population genetic studies SNP array revealed very minor overlap of 1 % with WES variants (Fig. 1). This exemplifies how large portion of SNPs present within the coding parts of genome is missed by SNP arrays but could be revealed by whole exome sequencing. Consequently, the exome sequencing technique has a huge potential to reveal the novel ethnic-associated markers.

The principal component analysis of the filtered dataset (20350 SNPs) revealed clear clustering of the individual samples according to their population of origin (Fig. 2). It is notable that both populations from Mordovia cluster together while Mishari Tatars find their place in between these populations and Kazan Tatars population. Samples from Tajikistan are genetically distant, in line with their geographic separation. We observed the difference between mountain Tajiks (designated as Tajiks\_M on the plot) and lowland Tajiks (Tajiks\_LL), with the latter were more genetically similar to Tatars.

We believe that the AmpliSeq panel, which was designed initially for the medical use, could become a beneficial tool for future research in the field of population genetics, as well.

### 4 Conclusions

High-throughput WES with the Ion AmpliSeq Exome panel, resulted in dozens of thousands of new SNPs, shows sufficient resolution for the reflection of population

diversity, on the one hand, and allows to discover the clinically relevant variants, on the other.

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