

RELATIONSHIP OF ECOLOGY AND SOCIALIZATION OF SCHOOLCHILDREN PERSONALITY

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Abstract

Preservation and promotion of schoolchildren's health is the task of modern school. Health is the state of physical, mental and social well-being, harmony in oneself and with the surrounding world. The state of health determines success of an individual biological and social adaptation. In case of balance disorder in the system of health components there occurs disadaptation. Schoolchildren's health is being watched over in a comprehensive school. A teacher of today conducts teaching taking into account the state of pupils' health, modifies curriculums, constantly self-improves, masters the technique of primary prevention of exhaustion, develops hygienic, ecological knowledge, works on the formation of healthy needs, conducts fitness and health recreation events. Health state impacts on successful socialization of a personality. One doctor for the whole school cannot carry out this work either. In this case there should be more doctors at school, or teachers should be equipped with profound knowledge of children's medicine, or to train specialists who will provide schoolchildren with knowledge, abilities, skills, form competences in the sphere of health preservation and promotion during all years of children's studying at school. But a consolidated team of teachers, psychologists, doctors has to start working without any delay.

Keywords: ecology, health, healthy lifestyle, socialization.

Introduction

Relevance of the issue

Issues of schoolchildren personality socialization are getting more pressing as it has become clear that the society is constantly experiencing changes and the person needs to keep up with the time to integrate and self-actualize.

Some time ago the above-named issue was treated seriously and conditions for successful socialization of schoolchildren in the country could have been created, this is described in A.N. Khuziakhmetov's work "School of work life" (Khuziakhmetov, 1985; Kalimullin, 2006).

The problem of socialization of schoolchildren in the last century and in modern times is researched by other scientists (Bronfenbrenner, 1981; Gabdrakhmanova, 2005; Tsybul'skaya et al., 2009; Dmitriyeva, 2011; Khuziakhmetov & Gabdrakhmanova, 2011; Horner, C.G. & Wallace, 2013; Parfilova & Kalimullin, 2014). The scientists studied the factors that contribute to the delay of the process of socialization (Fransteva & Tikhonova, 2011). One factor may be the schoolchildren's health. The empirical study problems of schoolchildren's health can be found in many works of scientists from different countries and of all historical times (Berk, 2000; Vasta, 1992; Gupta, 1989; Levin, Wagner & Heller, 1968).

The special place in researches of scientists takes the mental health of schoolchildren (Eapen, Al-Gazali, Bin-Othman & Abou-Saleh, 1998). It is now recognized that psychological